



Winter/Spring 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 AM To 9:00 AM	Open Lessons and Court time	Open Lessons and Court time	Open Lessons and Court time	Open Lessons and Court time	Open Lessons and Court time	Open Lessons and Court time	Open Lessons and Court time
9:00 AM to 10:00 AM	Mini-Academy Groundstrokes Open Lessons and court times	Mini-Academy Netgame Open Lessons and court times	Mini-Academy Groundstrokes Open Lessons and court times	Mini-Academy Netgame Open Lessons and court times	Mini-Academy Groundstrokes Open Lessons and court times	Cardio Tennis Open Lessons and court times	Cardio Tennis Open Lessons and court times
10:00 AM to 12:00 PM	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time
1:00 PM to 2:00 PM	Open Lessons & court time	Open Lessons & court time	Open Lessons & court time	Open Lessons & court time	Open Lessons & court time	Mini-Academy Groundstrokes Open Lessons and court times	Mini-Academy Groundstrokes Open Lessons and court times
3:00 PM to 6:00 PM	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time	Prime Time Lessons & court time
6:00 PM to 8:00 PM	Open Lessons & court time	Men's Round Robin	Open Lessons & court time	Open Lessons & court time	Open Lessons & court time	Open Lessons & court time	Open Lessons & court time

Winter hours of operation Monday through Sunday 8AM - 8PM • January 7- May 24, 2019
(802) 253-6435

24hr Sign up required for all classes and clinics • 24 hour cancelation policy applies to all reserved services • Minimum of 2 players needed clinic to run 1hr, ½hr private if only one player



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2019 Indoor Tennis

Program Descriptions

Mini-Academy Clinics: An abbreviated 1hour version of our NEW 2hour Summer Tennis Academy; Clinics emphasize stroke mechanics, footwork and singles and doubles tactics. These fast-paced clinics, with a maximum 6:1 player to pro ratio, are guaranteed to improve your level of play.

Cardio Tennis: If you like a great workout and are pressed for time, then this is for you. With focus on conditioning rather than skill development; we bring out a boom box with fast paced energizing music to get you moving. You don't have to be a great player to enjoy this class.

Men's 4.0+ Round Robin: If you are an intermediate or advanced player and like a good game of doubles, then you should give this a try. This group is always on the lookout for new players to join in. Please sign up in advance, group fills up quickly.

Video Lessons: Using the latest technology that only a few clubs in the country have. We will take video images of different parts of your game that you want to improve. We record the shot through our motion camera directly to a laptop hard drive, where we can analyze the image with you, pin pointing areas for advancement. This can be saved for future references. This is a great tool if you are a visual learner. See your game up close and personal.

Lessons & Court Times: Times are available throughout the day to play with a group of friends or take lessons with one of our Tennis Professionals. Make sure you ask about our court time specials.

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