

BODY WRAPS AND TREATMENTS

(Add 25 mins to body services for \$65)

25 minutes \$80

Vermont Herbal Fusion Wrap
Himalayan Pink Salt Body Scrub

50 minutes \$150

Maple Sugar Body Smoothie
Maple Sugar Maternity Smoothie
Hammam Foot Ritual
Crushed Cabernet
Body Contour Scrub **\$165**

80 minutes \$190

Clay Body Mask

105 minutes \$250

Mount Mansfield Saucha
Chakra Balancing

MASSAGE TREATMENTS

25 minutes \$80

Specific Spot Massage
Foot Massage
Reflexology
Pooch Massage or Reiki

50 minutes \$140

Signature Massage
Maternity Massage
Craniosacral Session
Reiki Session
Energy Healing Session

50 minutes \$150

Deep Tissue Massage
Thai Massage
Shiatsu Session
Reflexology
Total Hops Massage
R&R CBD Massage **\$165**

80 minutes \$190

Signature Massage
Maternity Massage
R&R CBD Massage **\$215**

80 minutes \$195

Sports Massage
Thai Massage
Shiatsu Massage
Lomi Lomi Hawaiian
Style Massage **(70 mins.)**
Little River Stone Massage
(75 mins.)

Total Hops Massage

Chakra Balancing
Aromatherapy Massage
Deep Tissue Massage **\$200**

110 minutes \$250

Custom Massage

PHYSIO THERAPY MASSAGE

110 minutes \$250

Physio Evaluation and Massage

80 minutes \$200

Physio Follow-up Massage

COUPLES SUITE SERVICES

50 minutes \$300

Side by Side

80 minutes \$400

Side by Side

65 minutes \$340

(Includes amenity)
Couples Session

90 minutes \$460

(Includes amenity)
Deluxe Session

FACIAL CARE

Signature

50 minutes \$150

Gentlemen's

50 minutes \$150

Triple Lipid Restore

50 minutes \$150

Custom Clinical Facial

50 minutes \$170

Collagen Boost

70 minutes \$190

Skin Soothing

25 minutes \$105

Premier Cru

50 minutes \$170

Tata Harper: Time Rewind

70 minutes \$200

Tata Harper:

Moisture Infusion Facial
50 minutes \$170

HAIR SERVICES

Shampoo/Cut

Senior Stylist **\$70+**

Shampoo/Cut

Stylist **\$55+**

Shampoo/Cut/Blow-Dry

Senior Stylist **\$80+**

Shampoo/Cut/Blow-Dry

Stylist **\$65+**

Men's Haircut **\$45+**

Shampoo/Blow-Dry **\$50+**

NAIL SERVICES

Deluxe Pedicure

50 minutes \$80

Deluxe Manicure

50 minutes \$50

French Manicure

50 minutes \$60

French Pedicure

50 minutes \$75

Express Manicure

30 minutes \$30

Vino Source

50 minutes \$150

Vino Perfect

50 minutes \$150

Vino Express

25 minutes \$105

Men's Refining

25 minutes \$105

Tria Age Defying Lazer

25 minutes \$105

Alpha Beta Peel

25 minutes \$115

Micro-Dermabrasion

50 minutes \$170

SpectraLite Add-On

Eye Treatment **\$25**

Shampoo/Blowdry/Style **\$65**

Highlighting/Partial **\$90+**

Highlighting/Full **\$120+**

Updo **\$75+**

Colors and Glosses **\$80**

Deep Conditioning **\$30**

Brazilian Blowout

Treatment **\$300**

Express Pedicure

30 minutes \$40

Paraffin Treatment **\$10**

Men's Manicure **\$40**

Polish Change **\$22**

Shellac Removal **\$20**

Shellac Manicure **\$60**

Shellac Polish Change **\$32**

MAKE-UP SERVICES

Application

25 minutes \$50

Application & Lesson

50 minutes \$80

BRIDAL SERVICES

Bridal Consultation, Hair

90 minutes \$150

Bridal Consultation, Makeup

50 minutes \$75

Bride's Updo **\$100+**

Bridesmaid's Updo **\$80+**

TEEN SERVICES

Total Teen Facial

50 minutes \$130

Teen Personal Training

50 minutes \$75

FITNESS SERVICES

Personal Training Express

25 minutes \$50

PT Express Series

10 sessions \$400

Personal Training Session

50 minutes \$75

Personal Training Session

80 minutes \$100

Personal Training Series

5 sessions \$325

Personal Training Series

10 sessions \$600

Personal Training Series

24 sessions \$1,035

Personal Training

for Couples **\$160**

Sports Stretch

25 minutes \$50

Body Composition Analysis **\$35**

Sport-Specific Training

80 minutes \$100

Group Hiking

2-3 hrs \$50

Private Guided Hike **\$60**

Snowshoe Trekking

w/equipment rental **\$40**

Private Guided Snowshoe

Trekking **\$60**

WAXING SERVICES

Half Leg **\$45**

Full Leg **\$75**

Bikini **\$45**

Brow/Lip/Chin **\$20**

Underarm **\$30**

Half Arm **\$40**

Full Arm **\$50**



Cancellations must be made 24 hours in advance.
Canceling within 24 hours will result
in a 50% charge of the service.

For your convenience a 22% service charge will be added
to your treatment. The service charge is calculated
from the full price of the treatment.